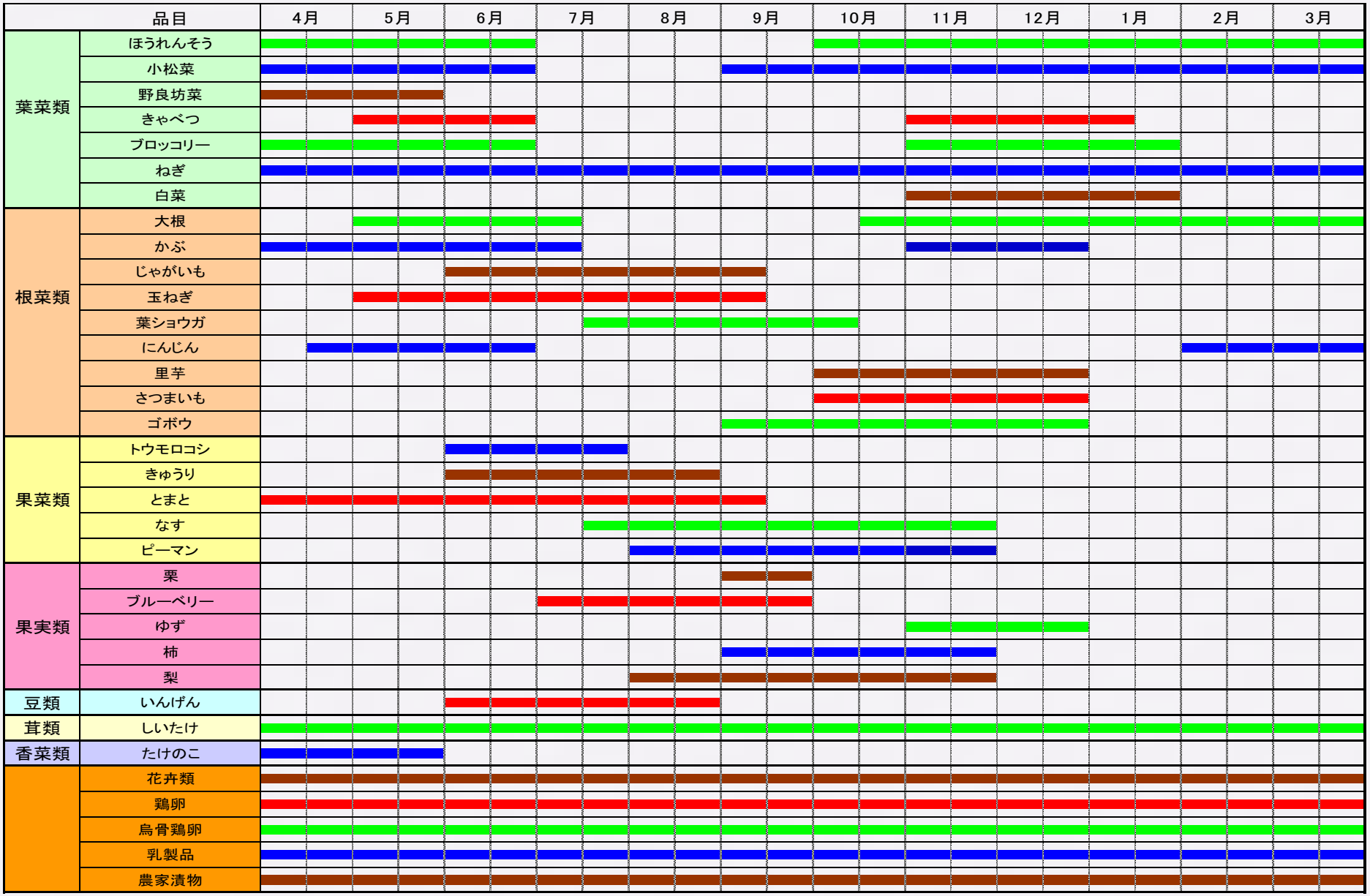八王子野菜年間カレンダー